

Short Bio

A naturally-gifted healer with a music conservatory degree in opera performance and teaching, Donatella Moltisanti is the founder of Moltisanti Soul Healing method, a six-step process that helps individuals access their core being, let go of residue from trauma, and express themselves authentically. At the core of this work are the Moltisanti Soul Singing method, a music-based healing that fuses classical opera, sacred Eastern music, and improvised vocalization, and the Moltisanti Conscious Breathing method, a tool for awakening the body and becoming both spiritually aligned and emotionally grounded, by mastering the breath. Through her wellness company, Vitality Soul, Donatella teaches these methods and additionally offers group programs, international retreats, and private sessions. To this end, she has worked with A-list celebrities, Fortune 50 executives, elite athletes, and everyday people – bringing her innovative work to those in need worldwide, on a mission to help heal humanity, one soul at a time. *Moltisanti Soul Singing* is Donatella's debut CD and reflects the culmination of 30 years of her work.

For more information, please visit **DonatellaMoltisanti.com**.

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