

A woman with long brown hair, wearing a white and blue patterned dress, is sitting on a red rug. She is holding a golden singing bowl in her hands and appears to be playing it. Around her are several other singing bowls, some white and some golden, and some crystals. The background is a light-colored wall with some decorative elements like a bird and a butterfly.

Press Release

Contact:

Loolwa Khazzoom, Publicist

916-546-8238

press@donatellamoltisanti.com

FOR IMMEDIATE RELEASE

Amidst Scientific Discovery of the Healing Power of Music, Opera-Performer-Turned-Healer Releases Soul Singing CD

On March 1, soul healer Donatella Moltisanti will release her debut CD, *Moltisanti Soul Singing*, making available to the general public the innovative sound healing work she has offered A-list celebrities, Fortune 50 executives, and elite athletes for the past three decades.

New York, NY - Whether singing lullabies or sacred chants, mothers and religious leaders have known for millennia what scientists are only beginning to understand, as revealed in groundbreaking research in leading medical journals: Singing has the extraordinary power to uplift, transport, and heal us. This shift in consciousness is why, after hearing a particular song, our mood may change abruptly, or we suddenly may feel transported back in time. We even may experience physical transformations, with our very molecules altered by the resonance of musical vibrations.

After graduating an Italian music conservatory, as an opera performer and teacher, Donatella Moltisanti naturally discovered that her voice catalyzed profound transformations in herself, her students, and her audience members. As she grew more aware of her innate healing abilities and the power of music as a channel for these abilities, Donatella began singing opera in innovative ways: She incorporated crystal singing bowls; she intuitively sounded tones that brought immediate relief to those suffering; and she even sang original compositions that were indistinguishable from the sounds of whales.



DONATELLA MOLTISANTI



On March 1, Moltisanti releases her debut CD, *Moltisanti Soul Singing*, through which she invites listeners into a profound state of meditation and relaxation, while immersed in the healing and transformative power of the human voice. This double CD includes 17 elegant music tracks featuring a cappella vocals and crystal singing bowls, in some cases with the accompaniment of violin and guitar. An additional 17 introductory tracks offering meditation guidance for each music track. Following the path on which Moltisanti has taken her clients for the past 30 years, the first CD is devoted to healing brokenness, and the second CD is devoted to manifesting greatness. Throughout it all, Moltisanti's voice is rich, soulful, and resonant – soothing the nerves and comforting the heart as would a mother's lullaby, while commanding attention and transporting the listener into a whole-being journey of awakening.

Sample Endorsement

“Moltisanti Soul Singing brings you on a deep and timeless journey, to your truest essence.” – Christa Santangelo PhD, Clinical Psychologist and Assistant Clinical Professor at the University of California at San Francisco (UCSF).

For additional endorsements, please visit DonatellaMoltisanti.com/ Testimonials





About Donatella Moltisanti

A naturally-gifted healer with a music conservatory degree in opera performance and teaching, Donatella Moltisanti is the founder of Moltisanti Soul Healing method, a six-step process that helps individuals access their core being, let go of residue from trauma, and express themselves authentically. At the core of this work are the Moltisanti Soul Singing method, a music-based healing that fuses classical opera, sacred Eastern music, and improvised vocalization, and the Moltisanti Conscious Breathing method, a tool for awakening the body and becoming both spiritually aligned and emotionally grounded, by mastering the breath. Through her wellness company, Vitality Soul, Donatella teaches these methods and additionally offers group programs, international retreats, and private sessions. To this end, she has worked with A-list celebrities, Fortune 50 executives, elite athletes, and everyday people – bringing her innovative work to those in need worldwide, on a mission to help heal humanity, one soul at a time. *Moltisanti Soul Singing* is Donatella's debut CD and reflects the culmination of 30 years of her work.

For more information about Donatella Moltisanti, please visit www.donatellamoltisanti.com or contact Loolwa Khazzoom, publicist, at 916-546-8238 or press@donatellamoltisanti.com.

