



DONATELLA MOLTISANTI

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FOR IMMEDIATE RELEASE

World-Renown Opera-Singer-Turned-Sound-Healer Comes to New Mexico for a Series of Events on Healing Chronic Illness through Music

From Feb 19-24, sound healer Donatella Moltisanti offers scientific discussions about and experiential journeys through the healing powers of music, at venues throughout Santa Fe and Albuquerque.

Santa Fe, NM – Thirty years ago, Donatella Moltisanti discovered that her relentless and debilitating physical pain disappeared when she began studying opera. Curious, she began exploring the healing powers of music and intentionally applying operatic practices to physical health issues – successfully helping people worldwide resolve medical problems that conventional medicine had failed to treat. In the years since, a growing body of scientific research has proven the healing powers of music, and sound baths have popped up worldwide. Moltisanti remains at the cutting edge of this work, through Moltisanti Soul Singing – an innovative method combining operatic vocalization, crystal singing bowls, and guided meditation, invoking the power of music to facilitate a shift in consciousness and usher participants through a portal into wellbeing.

Moltisanti Soul Singing events will take place on Feb 19 at 2:00 pm at Santa Fe Community Yoga Center (in the Moon Room, Unit A5), located at 826 Camino De Monte Rey b1, Santa Fe, NM 87505 tickets \$20 at the door; on Feb 20 at 7:15 pm at Body of Santa Fe, tickets \$37, located at 333 W Cordova Rd, Santa Fe, NM 87505; on Feb 21 at Wellspring Yoga, tickets \$35, located at 5500 San Mateo Blvd NE, Albuquerque, NM 87109; on Feb 23 at at 6:00 pm at Elevation Yoga

and Wellness, located at 7400 Montgomery Blvd NE #20 Albuquerque, NM 87109, tickets \$35, and on Feb 24 at 1:00 pm at Yoga Art Space, tickets \$35, located at 8338 Comanche Rd NE, Albuquerque, NM 87110.

Sample Endorsements

“Moltisanti Soul Singing brings you on a deep and timeless journey, to your truest essence.” – Christa Santangelo PhD, author, *A New Theory of Teenagers*, and Clinical Psychologist and Assistant Clinical Professor at the University of California at San Francisco (UCSF).

“Donatella Moltisanti is an extraordinary artist. Her work combines her exquisite and skilled operatic voice with a profound understanding of healing bowls, to produce a unique experience that is moving and uplifting. Indeed, in today’s frenetically paced world, Donatella offers us some essential medicine for the soul.” - Michael Finkelstein MD, author, *Slow Medicine: Hope and Healing for Chronic Illness*, and Executive Director at The Slow Medicine Foundation.

Click here [for additional endorsements](#).

About Donatella Moltisanti

Donatella Moltisanti has been featured in top media including ABC, CBS, and PBS; she has presented at venues including Stanford University, Bastyr University, and Arizona Center for Integrative Medicine; she has collaborated with integrative medicine pioneers including Kenneth R. Pelletier PhD MD, Fred Luskin PhD, and Michael Finkelstein MD; and she has facilitated healings for A-list celebrities, Fortune 50 executives, elite athletes, and everyday people – bringing her innovative work to those in need worldwide, on a mission to help heal humanity, one soul at a time.

A naturally-gifted healer with a music conservatory degree in opera performance and teaching, Donatella is the founder of Moltisanti Soul Healing method, a six-step process that helps individuals access their core being, let go of residue from trauma, and express themselves authentically. At the core of this work are the Moltisanti Soul Singing method, a music-based healing that fuses classical opera, sacred Eastern music, and improvised vocalization, and the Moltisanti Conscious Breathing method, a tool for awakening the body and becoming both spiritually aligned and emotionally grounded, by mastering the breath. Through her wellness company, VitalitySoul, Donatella teaches these methods and additionally offers group programs, international retreats, and private sessions.

Donatella can be found at www.donatellamoltisanti.com. For more information, please contact Ligeia Moltisanti, at 347-881-7003 or support@donatellamoltisanti.com.